

CMSC Policy
Scope of MSC Teaching and Acceptable Formats
Based on Experience and Levels of Training

In order to ensure that teachers are properly prepared to teach MSC, including its related forms and adaptations, CMSC has outlined the following policies to guide our teachers:

For Teachers-in-Training

Upon successful completion of the MSC Teacher Training, you are considered an MSC Teacher-in-Training.

- You are only authorized to teach the MSC 8-week program with simultaneous enrollment in the series of ten group online Zoom consultation sessions. You are not authorized to teach MSC without these consultation sessions as a Teacher-in-Training.
- You may offer introductory talks and workshops up to 3 hours in length.
- You may act as a General Assistant to two Certified Teachers (or a Certified Teacher and Trained Teacher) who are teaching an MSC Intensive, but this does not count towards the teaching requirement for becoming a Trained Teacher.
- Other formats or adaptations are not allowed for Teachers-in-Training.

You may not represent yourself as anything other than an MSC Teacher-in-Training and you may not teach the MSC program independently until you have completed the consultation sessions and been granted Trained Teacher status.

For Trained Teachers

Trained Teachers are defined as MSC teachers who have taught an 8-week MSC while attending 10 Zoom Consultation sessions and received their MSC Trained Teacher Certificate from CMSC.

- You may continue to offer the 8-week in-person MSC course to the public (preferably with a co-teacher).
- You may co-teach an MSC Intensive, but always with a Certified MSC Teacher who takes primary responsibility for the program.
- You may offer modified forms of MSC as long as they contain at least 85% of the content of the full MSC program and do not include more than one MSC session in a single day. Courses that group two sessions on one day are considered Intensives and Trained Teachers may not offer such Intensives without a Certified MSC Teacher as a co-teacher.
- You may offer introductory talks and workshops up to one day in length

For Certified Teachers

Certified Teachers are defined as MSC teachers who have completed individual mentorship from an expert MSC Teacher and received their Certified Teacher certificate from UCSD.

- You may continue to offer the 8-week in-person MSC program
- You may offer 2-day MSC Core Skills programs
- You may co-teach MSC intensives, preferably in the 4 or 5-day residential format, but this may include further modifications like multiple weekends, or four 2-session days, etc.
 - Please note: CMSC does not allow programs that include the material from more than two sessions in a single day, as we believe strongly that this is just too much material for participants to absorb in such a short period of time
 - You are strongly encouraged to consult with CMSC or an MSC Mentor on any modifications to the standard formats.
- If you are unable to co-teach an intensive with another Certified MSC Teacher, you may have a Trained Teacher as a co-teacher or have a General Assistant (who could be a Teacher-in-Training) present for the full program
- You are eligible to be trained to teach Live Online MSC or other CMSC-endorsed online programs